

Name: _____

Suns and Limbs and Yoga

Match each item on the left with the correct item on the right.

- | | | |
|-----------|----------------------|------------------------|
| 1. _____ | Svan | a. Down Face Dog |
| 2. _____ | Surya Namaskara | b. Forward Fold |
| 3. _____ | Samastithi | c. Refers to Knowledge |
| 4. _____ | Ahdo Mukha Svanasana | d. King |
| 5. _____ | Chataranga Dandasana | e. Mountain |
| 6. _____ | Uttanasana | f. Sun Salutation |
| 7. _____ | Raja | g. Equal Standing |
| 8. _____ | Vedas | h. Dog |
| 9. _____ | Asana | i. Seat |
| 10. _____ | Tadasana | j. 4 Limbed Staff |

Suns and Limbs and Yoga

Match each item on the left with the correct item on the right.

- | | |
|----------------------------------|------------------------|
| 1. <u>h</u> Swan | a. Down Face Dog |
| 2. <u>f</u> Surya Namaskara | b. Forward Fold |
| 3. <u>g</u> Samastithi | c. Refers to Knowledge |
| 4. <u>a</u> Ahdo Mukha Svanasana | d. King |
| 5. <u>j</u> Chataranga Dandasana | e. Mountain |
| 6. <u>b</u> Uttanasana | f. Sun Salutation |
| 7. <u>d</u> Raja | g. Equal Standing |
| 8. <u>c</u> Vedas | h. Dog |
| 9. <u>i</u> Asana | i. Seat |
| 10. <u>e</u> Tadasana | j. 4 Limbed Staff |

Suns and Limbs and Yoga

This worksheet was created with the Matching Worksheet Generator on Super Teacher Worksheets (www.superteacherworksheets.com).

Worksheet Title: Suns and Limbs and Yoga

Created By: JenRyan

Date Created: Mar 19, 2020

Direct Link:

<https://www.superteacherworksheets.com/custom/?ma=RQLTB>