

The Dao Way
of Setting
Intentions



FEBRUARY 8TH, 2019 6PM-9:30PM AND FEBRUARY 9TH, 2019 2:00-4:00PM

You are invited to celebrate the Lunar New Year!

February 8th, Friday - Explore a new way (QiGong based) of setting intentions which is different from setting new year resolutions and goals. Ground your soul and body desires with Vision Board Mandalas.

February 9th, Saturday - Decode your collage to create a map into reality, helping the Universe to manifest your desires with ease.

Price: \$65 for both days (The price **covers all the materials** for making collages)

\$50 - just for Friday. **Where: YOGA LOFT. 3 Lopez Road, Wilmington, MA | 978.658.5888**

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